



TUSCALOOSA

TOURISM & SPORTS

HALF MARATHON+5K

Saturday, March 30, 2019

Athlete Guide

EVENT OVERVIEW

The Tuscaloosa Half Marathon was simply an idea that was thrown around from time to time. Finally, in 2012, a race committee was established and ideas began to evolve, resulting in the inaugural 2013 Tuscaloosa Half Marathon. The race received more support than the committee could have ever imagined which allowed it to showcase the vibrant city.

After this success, the Tuscaloosa Half Marathon was declared an annual event. The Tuscaloosa Half Marathon continues to make many improvements, increase participation and has been a successful event.

The 2019 Tuscaloosa Tourism & Sports Half Marathon marks the next chapter in the event's story. FRESHJUNKIE Racing (FJR), the production company that produced the race in 2015, acquired ownership of the event. FJR is committed to keeping this popular race a local favorite as well as regional attraction for runners from all over the Southeast. The Kiwanis Club of Greater Tuscaloosa and Art 'N Autism will remain as charity partners moving forward for future years.



RACE DETAILS

PACKET PICK-UP

DATE: Friday, March 29, 2019

TIME: 2:00pm - 6:00 pm

LOCATION: Government Plaza - 2106 6th St, Tuscaloosa, AL 35401

At the Packet Pickup you will receive your bib, timing chip, shirt and other race information as well as learn about the course. **All runners are encouraged to pick up race packets prior to Race Day to ensure that race day activities run efficiently.**

Note: If you are not able to make it to Packet Pickup on Friday, you make pick up your race bib and shirt between 5:30-6:35 am on race morning.

Participants must present a government issued ID and/or a copy of their registration confirmation to pick up a race packet. Proxy Packet Pick-up (picking up a packet for someone else) process is as follows: a copy of that participants photo ID and/or a copy of their registration confirmation is required to be presented at Packet Pick-up. Digital copies (phone screens) are allowed. There are no exceptions to this rule. There is no Proxy Packet Pick-up on race day.

RACE DAY

All participants in the Tuscaloosa Tourism & Sports Half Marathon + 5K should plan to be at the starting line at least 30-45 minutes before the start of the race. All runners are encouraged to find the appropriate place in the starting area based on your anticipated finish time.

DAY: Saturday, March 30th

TIME: 7:00 AM Tuscaloosa Tourism & Sports Half Marathon & 5K

LOCATION: Government Plaza (2106 6th St, Tuscaloosa, AL 35401)

SPECTATOR INFO

SPECTATORS:

The Tuscaloosa Tourism & Sports Half Marathon + 5K is a day of fun for both runners and spectators! If you've ever run or walked a half marathon, you know how important motivating and encouraging crowd support is. Below are some tips for spectators.

BEST SPOTS TO WATCH

- Start/Finish Line at Government Plaza
- Jack Warner Pkwy at the Tuscaloosa Amphitheater
- Helen Keller Blvd
- Moody Music Building Main Parking
- Bryant-Denny Stadium - Paul W. Bryant Drive Side or Walk of Champions
- University Blvd. (The Strip)

RUNNER TRACKING GUIDE

Mile	Lead Runner	Mid-Pack	Last Runner
1	7:06 AM	7:09 AM	7:18 AM
2	7:12 AM	7:18 AM	7:36 AM
3	7:18 AM	7:27 AM	7:54 AM
4	7:24 AM	7:36 AM	8:12 AM
5	7:30 AM	7:45 AM	8:30 AM
6	7:36 AM	7:54 AM	8:48 AM
7	7:42 AM	8:03 AM	9:06 AM
8	7:48 AM	8:12 AM	9:24 AM
9	7:54 AM	8:21 AM	9:42 AM
10	8:00 AM	8:30 AM	10:00 AM
11	8:06 AM	8:39 AM	10:18 AM
12	8:12 AM	8:48 AM	10:36 AM
13	8:18 AM	8:57 AM	10:54 AM
Finish	8:19 AM	8:58 AM	10:56 AM



RESULTS AND AWARDS

Overall male and female finishers as well as top three in each age group for the Half Marathon and top two in each age group for the 5K will receive a Tuscaloosa Tourism & Sports Half Marathon Top Finisher Award. Awards will be distributed during the post race party at Government Plaza. Awards are not shipped after the race. Please be present and claim your award.

HALF MARATHON

Overall Male/Female 1st - 3rd

Masters (40+) Male/Female 1st - 3rd

Grand Masters (50+) Male/Female 1st - 3rd

Senior Grand Masters (60+) Male/Female 1st - 3rd

Age Group Male/Female 1st - 3rd

(14 & Under), 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-80, 80+

5K

Overall Male/Female 1st - 2nd

Masters (40+) Male/Female 1st - 2nd

Grand Masters (50+) Male/Female 1st - 2nd

Senior Grand Masters (60+) Male/Female 1st - 2nd

Age Group Male/Female 1st - 2nd

(14 & Under), 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-80, 80+,

POST PARTY

The Post Race party will feature chips by Golden Flake, pulled pork sliders by Moe's Original and pizza and salad from Heat Pizza. After the race wraps up, the The City of Tuscaloosa Bicentennial Bash will be gearing up at the Tuscaloosa Amphitheater. This free event will have a come-and-go atmosphere and will be featuring all-star Alabama musicians for a one-day, family friendly concert allowing locals and visitors alike to enjoy the acts they like best and enjoy downtown Tuscaloosa as well. In addition to music acts on two stages at the Tuscaloosa Amp, the day-long celebration of Tuscaloosa's 200th birthday includes a lively Kids Zone with rides, inflatables and hands-on activities for children of all ages.

1 pm - Gates of the Tuscaloosa Amphitheater open | 9 pm - Fireworks



PARKING

Parking is available in the The Tuscaloosa Intermodal Facility, often referred to as the IMF parking deck, is located at the corner of Seventh Street and 23rd Avenue. This four-story parking deck facility is free to use and conveniently located in the heart of Downtown. This lot is adjacent to Government Plaza, the location for packet pickup on Friday and the start and end of the race on Saturday. For details please visit >> www.tuscaloosa.com/live-play/parking-and-transportation

PROUD PARTNERS

TUSCALOOSA TOURISM & SPORTS



McAbee Construction, Inc.



BIG BOI

BLACKBERRY SMOKE

TURKUAZ + BREAK SCIENCE + TAUQ

SOUTHERN AVENUE + CBDB

LEE BAINS III & THE GLORY FIRES

GRAYSTONE



23-24 AUGUST, 2019

TUSCALOOSA, AL

DCMF2019.COM

